

NSBTM – Therapeutic Musician Survey Results

2012



INTRODUCTION AND METHOD:

During 2011 members of the NSBTM agreed by consensus that it would be desirable to do a survey with the purpose of obtaining a profile of Therapeutic Musicians (TM). The survey would describe characteristics such as: demographics, TM training programs represented, hourly rates, types of practice, sources of funding and others. The subcommittee members who worked on developing the survey were Margie Bekoff, Stella Benson and Jocelyn Obermeyer. By August 2011 the survey was put online on Kwiksveys.com and TM program directors began promoting the survey to their constituent TM’s. Data were collected from September 8, 2011 through July 7, 2012. The NSBTM obtained several preliminary results from October 2011 through June 2012. In July 2012 the KwikSurveys site was attacked by some external entity, which resulted in the temporary closing of the website. The final data for the NSBT survey were recovered in August 2012 after KwikSurveys reopened.

RESULTS:

A TOTAL 251 PARTICIPANTS RESPONDED TO THE SURVEY

Question 1: From which program(s) did you graduate?

Program	N	%
Music for Healing and Transition Program (MHTP)	141	56.2
International Harp Therapy Program (IHTP)	65	25.9
Clinical Musician Home study Course (CMHSC)	24	9.6
International Healing Musician Program (IHMP)	13	5.2
OTHER	12	4.8
None	11	4.4

The number of respondents listed for question 1 total 266. There are individuals who have graduated from more than one program.

Other Programs: Expressive Art Therapy, FSU Music Therapy, MM University of Tulsa, Music Thanatology – Lane Community College, NCCA, VAHT, Yogic Mystery School

Question2: What is your certification date?

Certification Date	N	%
Before 1995	3	1.2
1996-1999	25	10.0
2000-2003	50	19.9
2004-2007	68	27.1
2008-2010	54	21.5
2011-Now	33	13.1
No certification	17	6.8
No answer	1	0.4
Total	251	100.0

It is encouraging to see an increasing trend. It would seem as if there is a drop in the recent numbers, but the first categories are four-year periods. The period of 2008-2010 is only three years. If we sum 2008-2011 graduates we see 87 graduates in the most recent four-year period.

Question 3: Which Program(s) are you currently a student?

Program	N	%
MHTP	9	3.6
IHTP	10	4.0
CMHSC	12	4.8
OTHER	9	3.6
Not currently a student	211	84.1
Total	251	100.0

Other: Bedside Harp Teacher Training, Ceile de Order, Chalice of repose, Harp for Healing, HealthRhythms, Resonare, Stella Benson’s Webinars.

Question 5: What is our primary instrument at the bedside?

Instrument	N	%
Voice	37	14.7
String Plucked	188	74.9
String Strummed	17	6.8
String Bowed	7	2.8
Wind Fipple	14	5.6
Wind Reed	1	0.4
Transverse Flute	9	3.6
Percussion	3	1.2
Other	20	8.0

A lot of people marked one instrument category and also marked “other”. The sum totals >251 and the percentages >100%. It seems they did not understand “primary instrument”. A lot of people who marked “other” said “harp” and “guitar”... a couple of keyboards.

Question 6: Where (city, state, country) do you primarily work?

Region	N	%
Northeast	57	22.7
South	65	25.9
Midwest	34	13.5
West	69	27.5
Other Country	21	8.4
No answer	5	2.0
Total	251	100.0

Question 7: What type of facility do you currently work?

Facility	N	%
Hospital	135	53.8
Hospice	124	49.4
Long Term Care	74	29.5
Assisted Living	62	24.7
Rehab	28	11.2
Other	33	13.1

The sum totals >251. People may work in more than one type of facility.

Other: Private homes, Cancer centers, Nursing Homes, Church...

Question 8: What type of facility have you worked in the past?

Facility	N	%
Hospital	168	66.9
Hospice	141	56.2
Long Term Care	112	44.6
Assisted Living	93	37.1
Rehab	51	20.3
Other	34	13.5

The sum totals >251. People may have worked in more than one type of facility.

Question 9: Are you a volunteer?

Volunteer?	N	%
Yes	62	24.7
Sometimes	71	28.3
No	115	45.8
No answer	3	1.2
Total	251	100.0

Question 10: Are you reimbursed for your expenses?

Reimbursed?	N	%
Yes	58	23.1
Sometimes	38	15.1
No	146	58.2
No answer	9	3.6
Total	251	100.0

Question 11: What expenses are reimbursed?

Expense Reimbursed?	N	%
Travel	25	10.0
Public transportation	1	0.4
Mileage	49	19.5
Supplies	11	4.4
Parking	28	11.2
Meals	18	7.2
Other	14	5.6

The sum totals <251. Not everyone is reimbursed.

Other: CE, Meetings, Memberships. Sanitizing wipes.

Question 12: How much per hour do you typically get paid?

Income	N	%
Under \$24	30	12.0
\$25 - \$49	86	34.3
\$50 - \$75	70	27.9
Over \$75	9	3.6
No answer	56	22.3
Total	251	100.0

Questions 12 and 6: Hourly Rate by Region

	Northeast (%)	South (%)	Midwest (%)	West (%)	Other Country (%)
Under \$24	5 (11.4)	11 (23.9)	4 (16.0)	9 (15.8)	1 (5.0)
\$25 - \$49	20 (45.5)	18 (39.1)	14 (56.0)	22 (38.6)	11 (55.0)
\$50 - \$75	16 (36.4)	16 (34.8)	7 (28.0)	24 (42.1)	5 (25.0)
Over \$75	3 (6.8)	1 (2.2)	0 (0)	2 (3.5)	3 (15.0)
Total	44 (100.0)	46 (100.0)	25 (100.0)	57 (100.0)	20 (100)

KW test = 3.89 (4df); p = 0.42

Question 12 and 1: Hourly Rate by Program of Graduation*

	CMHSC (%)	IHTP (%)	IHMP (%)	MHTP (%)	Total
Under \$25	3 (21.4)	6 (11.8)	2 (28.6)	16 (15.0)	27 (15.1)
\$25-49	8 (57.1)	19 (37.3)	3 (42.9)	53 (49.5)	83 (46.4)
\$50-75	3 (21.4)	22(43.1)	2 (28.6)	33 (30.8)	60 (33.5)
>75	0 (0)	4 (7.8)	0 (0)	5 (4.7)	9 (5.0)
	14 (100.0)	51 (100.0)	7 (100.0)	107 (100.0)	179 (100.0)

KW test = 5.07 (3df); p = 0.17

*Includes only graduates from only one program who reported per-hour pay

Question 13: On average, how many hours do you work per week?

Hours	N	%
Under 4	112	44.6
4 -8	74	29.5
9 -12	20	8.0
13 – 20	21	8.4
21 – 30	3	1.2
30 - 39	5	2.0
Full time	2	0.8
No answer	14	5.6
Total	251	100.0

Questions 13 and 6: Average Weekly Hours by Region

	Northeast (%)	South (%)	Midwest (%)	West (%)	Other Country (%)
Under 4	29 (51.8)	23 (38.3)	15 (50.0)	35 (51.5)	10 (50.0)
4 -8	20 (35.7)	20 (33.3)	9 (30.0)	21 (30.9)	1 (5.0)
9 -12	3 (5.4)	5 (8.3)	2 (6.7)	6 (8.8)	4 (20.0)
13 – 20	1 (1.8)	9 (15.0)	3 (10.0)	3 (4.4)	5 (25.0)
21 – 30	1 (1.8)	2 (3.3)	0 (0)	0 (0)	0 (0)
30 - 39	1 (1.8)	1 (1.7)	1 (3.3)	2 (2.9)	0 (0)
Full time	1 (1.8)	0 (0)	0 (0)	1 (1.5)	0 (0)
Total	56 (100.0)	60 (100.0)	30 (100.0)	68 (100.0)	20 (100.0)

KW test = 4.95 (4df); p = 0.29

Questions 13 and 1: Average Weekly Hours by Program of Graduation*

	CMHSC	IHTP	IHMP	MHTP	Total
Under 4	12 (57.1)	23 (41.8)	4 (50.0)	59 (46.1)	98 (46.2)
4 -8	8 (38.1)	15 (27.3)	1 (12.5)	43 (33.6)	67 (31.6)
9 -12	1 (4.8)	7 (12.7)	0 (0)	11 (8.6)	19 (9.0)
13 – 20	0 (0)	9 (16.4)	2 (25.0)	8 (6.25)	19 (9.0)
21 – 30	0 (0)	0 (0)	0 (0)	3 (2.3)	3 (1.4)
30 - 39	0 (0)	0 (0)	1 (12.5)	3 (2.3)	4 (1.9)
Full time	0 (0)	1 (1.8)	0 (0)	1 (0.8)	2 (0.9)
Totals	21 (100.0)	55 (100.0)	8 (100.0)	128 (100.0)	212 (100.0)

KW test = 3.30 (3df); p = 0.35

*Includes only graduates from only one program who reported average weekly hours

Question 14: In what department(s) do you currently work?

Department	N	%
Critical Care	78	31.1
Neonatal	25	10.0
Oncology	86	34.3
Palliative	140	55.8
Neurology	28	11.2
Pediatrics	23	9.2
Emergency Care	24	9.6
Surgery	21	8.4
Other	72	28.7

The sum totals >251. People may work in more than one department.

Other: Hospice, Geriatrics, Cardiac, Mental Health...

Question 15: In what department(s) have you worked in the past?

Department	N	%
Critical Care	112	44.6
Neonatal	44	17.5
Oncology	110	43.8
Palliative	153	61.0
Neurology	42	16.7
Pediatrics	44	17.5
Emergency Care	42	16.7
Surgery	40	15.9
Other	54	21.5

The sum totals >251. People may work in more than one department.

Other: Dialysis, Pre-Op, Psychiatry, Cardiac, ICU, Burn...

Question 16: Do you work in Urban, Suburban or Rural area(s)?

Area	N	%
Urban	147	58.6
Sub-Urban	104	41.4
Rural	69	27.5

The sum totals >251. People may work in more than one type of area.

Question 17: Are you on staff?

On Staff	N	%
Yes	51	20.3
No	187	74.5
No answer	13	5.2
Total	251	100.0

Question 18: Are you a contractor?

Contractor	N	%
Yes	115	45.8
No	118	47.0
No answer	18	7.2
Total	251	100.0

Question 19: Do you have a specialty?

Facility	N	%
Yes	60	23.9
No	181	72.1
No answer	10	4.0
Total	251	100.0

Question 20: Where do you specialize?

Alzheimer’s, Palliative Care, Hospice...many diverse responses.

Question 21: Do you receive employee benefits?

Benefits?	N	%
Yes	11	4.4
Sometimes	13	5.2
No	217	86.5
No answer	10	4.0
Total	251	100.0

Question 22: How are you funded?

Source of funds	N	%
Pastoral Care	14	5.6
Grants	36	14.3
Foundation	46	18.3
Activities department	51	20.3
Pastoral Care Department	15	6.0
Volunteer department	29	11.6
Donations	36	14.3
Other	45	17.9

The sum totals >251. People may receive funding from more than one source. Not everyone reports funding.

Other: Out of pocket, PR, Hospital funding...

Question 23: If you selected “Grants”, what grant funds?

Hospital Foundation for the Arts
Medical Services and Palliative Care Grants
Money to hospice handled by director do not know source or name.
State Dept of Cultural Affairs, sometimes NEA for special projects or research.
Alberta Foundation of the Arts.
Was funded by Arts and Science Grant for Carolina Healthcare System.
Boylan foundation, Lund Foundation, private donations.
Victoria Buffum Endowment Fund.
McClure fund for Therapeutic Harp Music.
Sisters of Mercy.
Hinton Quality of Life grant.
Friends of St. John's Hospital.
Eskaton Corporation, Sutter Foundation.
NH Council on the Arts in Healthcare
North Georgia Arts Alliance.
Other Hospital Grants...

Question 24: On average, how many miles do you typically travel for your work per week?

Miles traveled?	N	%
Under 10	76	30.3
11 – 20	55	21.9
21 - 35	35	13.9
36 - 50	21	8.4
51 and over	49	19.5
No answer	15	6.0
Total	251	100.0

Question 25: How do you find your work?

Find work	N	%
Referrals	152	60.6
Networking	114	45.4
Advertising	16	6.4
Presentations	69	27.5
Conferences	19	7.6
Internet	29	11.6
Other	35	13.9

The sum totals >251. People may find work more than one way.

Other: Concerts, wellness fairs, Internship, word of mouth...

Question 26: Do you receive referrals?

Referrals	N	%
Yes	126	50.2
Sometimes	75	29.9
No	24	9.6
No answer	26	10.4
Total	251	100.0

Question 27: From where do you receive referrals?

Referrals	N	%
Colleagues	111	44.2
Supervisor	97	38.6
Relatives	28	11.2
Friends	82	32.7
Work Associates	73	29.1
Church Associates	42	16.7
Professional Organizations	28	11.2
Want Ads	1	0.4
Other	22	8.8

The sum totals >251. People may get referrals from more than one source.

Other: Hospital staff, MD staff, Patients, Funeral homes, Hospice,

Question 28: What is your method of marketing?

Marketing	N	%
Market Research	9	3.6
Professional Organizations	32	12.7
Surveys	4	1.6
Questionnaires	4	1.6
Discussion/Focus Groups	25	10.0
Other	50	19.9

The sum totals <251. Not everyone reports marketing, but they may report more than one way.

Other: Word of mouth, Networking, Presentations, Brochures, Business cards, Website...

Question 29: What is your method of promoting your work?

Promotion	N	%
Presentations	114	45.4
Publication Ads	15	6.0
Mailings	24	9.6
Internet	55	21.9
Conferences	35	13.9
Telephone/e-mail	43	17.1
Other	27	10.8

The sum totals >251. People may promote in more than one way.

Other: Word of mouth, Networking, Brochures, Business cards, Website...

Question 30: What client population do you serve?

Client population	N	%
Neonatal	27	10.8
Palliative	164	65.3
Oncology	124	49.4
Orthopedic	60	23.9
Geriatric	142	56.6
Pediatric	43	17.1
Psychiatric	48	19.1
Maternity	33	13.1
Recovery	68	27.1
Preoperative	48	19.1
Postoperative	72	28.7
Hospice	171	68.1
Rehab	74	29.5
Infusion	47	18.7
Natal (Birthing)	15	6.0
NICU	22	8.8
Surgical	33	13.1
Memory Care	69	27.5
Intensive Care	80	31.9
Public places in clinical environment	64	25.5
Other	25	10.0

The sum totals >251. People serve more than one client population.

Other: Wellness centers, Cardiac, Pain, Special needs children, AIDS, Burn units...

Question 31: Are you a part of an integrative medicine team?

Integrative Medicine	N	%
Yes	69	27.5
No	169	67.3
No answer	13	5.5
Total	251	100.0

Question 32: Have you been asked to present an in-service to the medical staff?

In-service to medical staff	N	%
Yes	133	53.0
No	110	43.8
No answer	8	3.2
Total	251	100.0

Question 33: What type of information do you receive about your patients?

Information	N	%
Purpose of referral	140	55.8
Patient age	133	53.0
Relative contact information	59	23.5
Code status	48	19.1
Diagnosis	129	51.4
Prognosis	81	32.3
Emotional status	132	52.6
Patient’s main area of difficulty	104	41.4
Patient’s main area of strength	35	13.9
Communication skills	93	37.1
Sensory status	59	23.5
Patient background	64	25.5
Patient musical interest	76	30.3
Doctor’s name	45	17.9
Special Counselor’s name	34	13.5
Other	31	12.4

The sum totals >251. People receive more than one type of information.

Other: Religious affiliation, medications, bed bound, vital signs via monitor, RN, full chart access...

Question 34: Are you involved in research about therapeutic music?

In-service to medical staff	N	%
Yes	18	7.2
No	216	86.1
No answer	17	6.8
Total	251	100.0

Question 35: Describe research.

Families complete questionnaire about the harp visit within Hospice - "meditative, distraction, pain relief, comic relief, other".
Partnership studies, including partnership between museum, medical students and elders. Also pilot program for lap harps in assisted living facility dementia unit. Music study on BMTU.
Researching the use of vibration as a diagnostic method.
Pain study.
How listening to live music affects the patient's perception of pain, discomfort and anxiety.
Effects of music on patients in restraints in ICU situation.
Effects of live harp music on Glenn procedures babies (2).
Each session is documented and data is compiled and used for reporting to grant funding organization.
To see if live harp music reduces anxiety in IVF patients during embryo transfers.
Using music before extubating patients in CCU and looking at music and post-op need for analgesia.
"The Effect of Music Therapy on Patient's Perception of Pain, Anxiety, and Patient Satisfaction" Medsurg Nursing 16, no 1.
"The Impact of a Live Therapeutic Music Intervention on Patients' Experience of Pain, Anxiety and Muscle Tension" Sand-Jecklin, Emerson - Holistic Nursing Practice Jan-Feb 2010 Vol 24-1, pp7-15

Question 36: Name of organization involved with research.

Hospice of Windsor and Essex, Ontario, Canada
NEA/NIH, University of Florida (Gainesville) and University of South Florida (Tampa)
Harmonious Life and Health Research and the ICAK
Good Samaritan Skilled Care Facility - Albert Lea, MN
Glenrose Rehabilitation Hospital
The Harp Foundation (2)
University of Maryland Medical Center and Shock Trauma at University of Maryland.
Concord Hospital
Abington Reproductive Center
Emory Healthcare (Emory University Hospitals)
West Virginia University Hospitals, Morgantown, WV

DISCUSSION:

The participants of the survey were not a randomly selected sample, so the results should not necessarily be generalized to the entire population of therapeutic musicians (TM). On the other hand, it is very likely that the promotion strategy for the survey was able to recruit a good number of TM’s and the results show a fair representation of the TM population.

The great majority of responders are graduates of at least one of the TM training programs. More than half of participants reported being graduates of the Music for Healing and Transition Program (MHTP), followed by one fourth of participants who reported graduating from the International Harp Therapy Program (IHTP). A smaller percentage of participants graduated from the Clinical Musician Home Study Course (CMHSC), the International Healing Musician Program (IHMP) and others. This is to be expected because of the length of time the programs have been in existence. Several participants reported graduating from two or even three programs. There seems to be an increasing trend in the number of graduates along time. Current TM students, who are only 16% of participants, were more or less evenly distributed between the programs.

The vast majority of participants (75%) reported “String Plucked” as their primary instrument. Most of these are probably harp players. Voice was the second most common instrument, represented by almost 15% of participants. “String strummed” – probably guitar – and “Wind Fipple” – probably Native American Flute – ranked third and fourth with 7% and 6% of participants respectively.

The great majority of respondents work within the USA. The Northeast, South and West regions are more or less evenly represented with a slightly lower percentage of participants from the Midwest.

More than half of participants report doing volunteer work at least sometimes. Less than one fourth of participants reported being reimbursed for expenses. Less than 10% reported receiving employee benefits. The mode for the rate of dollars paid per hour was \$25-\$49 (34% of participants.) followed by \$50-%75 (28% of participants). There are no significant differences in the hourly rates paid to TM between different geographic regions or by program of graduation. The mode for the average weekly hours of work was less than 4 (45% of participants.) followed by 4-8 (30% of participants). There are no

significant differences in average weekly hours of work between different geographic regions or by program of graduation. The majority of participants report working in an urban area, although many work in more than one area, including sub-urban and rural.

Hospitals and Hospice appear to be the types of facilities where TM’s most commonly work. Critical care, Palliative care and Oncology are the most frequently reported departments of work for participant TM’s. There may have been some overlap in the information gathered in questions 7-8, 14-15, and 30, where Hospice, Palliative, Oncology and Geriatric were reported as the most common client populations.

Sources of funding for TM’s were more or less evenly distributed between different categories including, Activities Departments, Foundations, and Grants. Sources of grants are very diverse and appear to be local or state organizations. The majority of participating TM’s obtain their work through referrals or networking. Referrals appear to be mostly from colleagues, supervisors or friends.

The information about patients reported as available to the majority of TM’s includes the purpose for referral, patient’s age, diagnosis and emotional status. Only 7% of participants reported being involved in research.