

PROGRAM APPLICATION FORM
NATIONAL STANDARDS BOARD FOR THERAPEUTIC MUSICIANS



Date of Submission: _____
Program Name: _____
Address: _____

Telephone: _____
Website: _____
Program Director: _____
E-mail: _____
Federal Tax ID #: _____

I. Mission and Goals:

State the Mission and Goals of your Program.

II. General Description of Program:

Describe the general course of study of your program. You may do this in narrative form, or you may include flow charts or figures to clarify ideas. Explain how your course of study is consistent with your mission and goals.

III. History of the Organization:

Please summarize the history of your organization. You may do this in narrative form. Include the following items in the information provided:

- A. When was the organization incorporated?
- B. What are the lineage, history and founding philosophy of your program?
- C. Who is the founder of your program? Describe your founder's training, experience and background?
- D. What type of IRS business is your program? (Corporation, LLC or non-profit)
- E. When did your program begin training students?
- F. When did your program graduate the first students?
- G. How many students have graduated from your program?

IV. Structure of the Organization:

Describe the structure of your organization. You may do this in narrative form, or you may include flow charts or figures.

V. Program's Instructors:

In the table below, list the names and titles of instructors who participate in your program.

Instructor	Title

Attach Appendix A: A résumé and summary of the professional credentialing and qualifications of the Program Director and Instructors.

VI. Accreditation Standards:

Explain and provide documentation of how your program complies with and meets the Accreditation Standards listed below:

Standard 1: Approved programs shall include in their curricula certain educational requirements as listed below:

1.1. *Screening Process*: Approved programs will have an admission screening process, admitting candidates who demonstrate appropriate musical skills, interpersonal skills and suitability. Admission decisions, activities, and operations shall be made without discrimination based upon race, color, religion (creed), gender, gender expression, age, national origin (ancestry), disability, marital status, sexual orientation, military status, or any other characteristic that is protected under any applicable federal, state, or local laws.

1.2. *Required Reading*: Approved programs will require that students submit book reviews of selected books from the Program's required book list. The program's required book list will include books which cover a broad range of topics, such as: music, healthcare, integrative medicine and healing, the science of sound, topics on death and dying, self-care, and the art of service.

1.3. *Independent Study Internship*: Approved programs will require graduating students to complete an Independent Study Internship, fulfilled by completion of a minimum of 45 hours of music provided directly at the bedside at approved facilities. Students will play for a minimum of 100 patient encounters during their internship. The 45 hours of internship are to be specifically 45 hours of playing therapeutic music at the bedside. This does not include other time spent in the facility, conversation with staff, family or the patient, or record keeping. A

completed intern log for each patient session along with a site supervisor evaluation form is to be included in completed course work. (no hospice/hospital requirement?)

1.4. *Continuing Education:* Approved programs will request that graduates complete ongoing Continuing Education activities as outlined and approved by their certifying program. The approved Continuing Education activities will be the equivalent of 40 hours every four years, and must directly enhance the work of the therapeutic musician.

1.5. *Final Music Submission:* Approved programs will require a final music submission. Each student is minimally required to present an audio sample demonstrating musical ability and appropriate music, and any other final submissions the approved program deems fit in order to graduate their students.

Standard 2: Approved Programs shall teach the subject of Clinical Protocols. These shall include certain areas of study.

2.1. *Assessment techniques and processes:* Students will learn to develop their senses and critical thinking skills; how to unobtrusively gather information from the environment, colleagues, and the patient, in order to develop an immediate course of action in providing therapeutic music to the patient.

2.2. *Reporting methods/logging and/or charting:* Students will learn about the various sources of referrals and intake forms. Students will learn the general reporting/monitoring paper-flow systems in healthcare set forth by JCAHO (Joint Commission on Accreditation of Healthcare Organizations), which includes medical records, patient record keeping, and reporting. Students will learn the proper and critical information required for reporting and logging patient hours.

2.3. *Infection control/bio hazards:* Students will learn about infection control and Universal Precautions: Students will learn about inoculation requirements for healthcare workers in their respective state/country. Students will learn about biohazards, airborne and tactile microbial and viral infections, how to personally handle such situations, and general healthcare procedures regarding patient contact.

2.4. *Case Studies:* Students will review case studies concerning clinical situations with non-ambulatory patients. Students will review or participate in case studies where difficult bedside situations require the student to consider possible reactions and outcomes.

2.5. *General understanding of monitoring equipment:* Students will learn about the various types of devices that monitor patients' vital signs and will be briefed on standard equipment as an introduction to various diagnostic and life sustaining devices.

Standard 3: Approved Programs will teach healthcare basics, professional behavior and terminology.

3.1. Students will be prepared to provide individualized therapeutic music for patients of many ages and conditions who are receiving healthcare services in institutional settings such as hospitals, clinics, hospices, nursing homes, and out-patient healthcare facilities, as well as those receiving home care as an extension of rehabilitative, hospice and palliative care.

3.2. Students will be oriented to the unique, professional skills required to work in different types of healthcare facilities as part of a healthcare team. They will be taught about accountability and liability issues, policies and procedures, medical and administrative terminology specific to healthcare.

3.3. Students will be introduced to basic human anatomy and physiology.

3.4. Students will be taught the importance of proper dress code, cleanliness and good health. Training will include information about the potential negative effects of body scents and

perfumes. Confidentiality laws and related issues, and proper department with patients, administrators, other workers and clinicians in the healthcare environment will be addressed.

Standard 4: Approved Programs will emphasize Deepening Perceptual Awareness.

4.1. Students will be taught theoretical models, multi-level processes and/or methods to assess and serve a patient. These models, processes and/or methods, which are based on both scientific and spiritual studies of consciousness, may include, but not be limited to: increasing awareness about self and others through perceptual observation; enhancement of natural sensitivities and empathy; the power of intention; and energetic medicine. Therapeutic Musicians recognize and respect diverse spiritual pathways in their work.

Standard 5: Approved Programs will teach Fundamentals of Music Theory and Music Application.

5.1. Students will be taught the fundamentals of music theory, how to improvise, modulate and play modal music, and about the intrinsic healing value of music. Students will learn to use the elemental qualities of music and healing musicianship in order to best serve the patients.

5.2. For satisfactory program graduation, students will be required to demonstrate an understanding of their principle instrument/voice, and play individualized music at a minimum of intermediate level of proficiency for the patient circumstances. Candidates must play and/or sing in tune, smoothly and without hesitation. They will be required to demonstrate proficiency in improvisation and modulation, and have a repertoire of appropriate duration that meets the needs of many different types of patients.

Standard 6: Approved Programs will include in their curricula the Theory and Holistic Application of the Physics of Sound.

6.1. An understanding of the characteristics and primary elements of sound, specifically how frequency, vibration, and resonance affect the human body, is fundamental to the practice of therapeutic music. Students will learn how these principles can be used through musical elements to facilitate healing. Students learn about the mechanics of sound, relative to various resonant-based methods, and techniques that can address an individual patient's condition. Students study the physical, emotional, psychological and spiritual effects of therapeutically applied music. Students are introduced to the current research on the effect of music and sound on the mind/body and given resources for further study.

Standard 7: Approved Programs will include a course on Introduction to the Healthcare Business.

7.1. Approved programs will provide students with basic business tools including: writing proposals, invoicing, interview techniques, marketing, networking and employment strategies that are needed to support the successful practice of a therapeutic musician.

Standard 8: Approved Programs will teach Self-Care.

8.1. Students will be taught basic ergonomics and appropriate posture as applied to the use of their musical instruments and/or voice. They will be taught stress reduction techniques and various self-care processes for maintaining optimum physical, mental and emotional health as a therapeutic musician.

Standard 9: Graduate Titles:

9.1. A program accredited by the NSBTM will maintain its unique graduate title.